

## Welcome to Lawrence University!

The Wellness Services team is here to provide student-centered, high-quality care that promotes lifelong wellness and supports academic success. Please take time to check our website for more details.

<https://www.lawrence.edu/students/wellness>

Prior to arriving on campus, be sure to complete the entire checklist below. Submit your paperwork in PDF or JPEG form via [LEAPFILE](#) to Wellness Services by **Deadline: August 1<sup>st</sup>**, or student's course registration may be held.



### **New Student Health Services Checklist: Due by August 1<sup>st</sup>:**

- Part I: Student Information and Emergency Contacts**
- Medical Consent for Treatment of Minors** (if student is under 18 when form is completed)
- Health insurance information** – *Ensure coverage in Appleton*
- Part II: Medical History**
- Part III: Immunization Record**
- Part V: Hepatitis B and Meningococcal Meningitis Immunization Health History**
- Part VI: International Students are required to have Tuberculosis Test**

\*Email questions to [wellnessservices@lawrence.edu](mailto:wellnessservices@lawrence.edu) or call 920-832-6574

### **Prescription Information:**

Students are encouraged to maintain relationships with current provider and may need to schedule appointments with home providers over breaks. Most states and prescriptions can be electronically sent, even over state lines, to [Hometown Pharmacy](#) and will be delivered to Wellness Services. If students are unable to continue with home providers, they can Check the [Wellness Service's website](#) for information about transferring your prescription or contact Wellness Services with questions.

### **VARSIY ATHLETES MUST COMPLETE**

- List your Varsity Sport \_\_\_\_\_
- Submit physical exam records via Athletic Trainer System (ATS)  
\*Physical completed no more than 6 months prior to practice
- Submit Health Services Checklist below via LEAPFILE **AND** ATS



\*Instructions to upload in ATS can be found on the [Athletics website](#).

\*Email athletic questions to [nevada.j.watson@lawrence.edu](mailto:nevada.j.watson@lawrence.edu) or call 920-832-7270.

## INCOMING STUDENT MEDICAL HISTORY AND PHYSICAL EXAMINATION

Lawrence University Landis Health Center · 711 E. Boldt Way · Appleton, WI 54911 · Phone 920-832-6574 · Fax 920-832-7488

### PART I: STUDENT INFORMATION:

Legal name \_\_\_\_\_ Current name \_\_\_\_\_  
Date of Birth \_\_\_/\_\_\_/\_\_\_ Sex assigned at birth \_\_\_ Gender Identity \_\_\_ Gender pronoun(s) \_\_\_  
Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_ Zip Code \_\_\_\_\_  
Country \_\_\_\_\_ Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_  
LU ID \_\_\_\_\_ Class: Fr So Jr Sr Date completed \_\_\_/\_\_\_/\_\_\_

### EMERGENCY CONTACT: (please include at least 2 phone numbers)

1. Name \_\_\_\_\_ Relationship \_\_\_\_\_  
Home Address \_\_\_\_\_  
Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_ Work phone \_\_\_\_\_  
2. Name \_\_\_\_\_ Relationship \_\_\_\_\_  
Home Address \_\_\_\_\_  
Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_ Work phone \_\_\_\_\_

### CONFIDENTIALITY STATEMENT

All information on these pages is considered confidential and protected. Health Services will not release medical information to anyone including parents unless the student signs a separate release of information specific to each illness/incident. Release of Information forms can be found on the [Health Center's website](#).

### STANDING CONSENT FOR ROUTINE TREATMENT OF MINORS: (for students under 18 years old)

I, the undersigned parent/guardian of the above named student, hereby give my consent for the provision of routine health care to the said child by health care providers and staff of Lawrence University Health and Counseling Services. This care may be routine diagnostic procedures, examinations, medical treatment, routine laboratory tests, x-rays, health and wellness counseling, and the administration of over-the-counter or prescribed medication. This consent shall be valid for the period of time commencing on the date of the student arrival on campus until the student's 18<sup>th</sup> birthday. I do hereby indemnify and hold harmless the health care providers and entities and other persons who act in reliance upon this consent. I also authorize treatment by a physician at a local medical facility in the event of an emergency.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_

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Student Name \_\_\_\_\_ DOB \_\_\_\_\_

### HEALTH INSURANCE

All students are required to have health insurance and carry their insurance card with them at all times. CHECK WITH YOUR INSURANCE COMPANY REGARDING COVERAGE IN THE APPLETON AREA. Lawrence partners with an insurance company to offer students a health insurance plan with coverage in Appleton. For policy information and enrollment procedure [click here](#) to be directed to their website.

### CHECK WITH YOUR INSURANCE COMPANY REGARDING COVERAGE IN THE APPLETON AREA

Wellness Services can assist with minor illness and injury, and will coordinate referrals to local healthcare clinics. Health Insurance would significantly reduce financial responsibility when requiring care in a local clinic or lab work.

Policy Holder's Name \_\_\_\_\_ Policy Holder Date of Birth \_\_\_/\_\_\_/\_\_\_

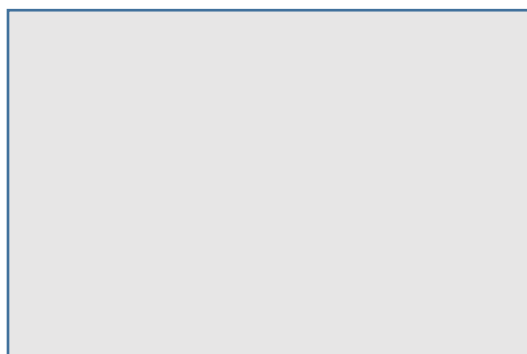
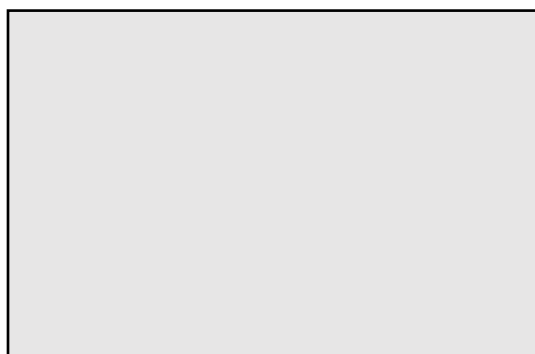
Policy Holder's Employer \_\_\_\_\_

Policy Holder's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ Phone \_\_\_\_\_

Attach picture of the FRONT of insurance card

Attach picture of the BACK of insurance card



**INTERNATIONAL STUDENTS CHECK ISS INSURANCE REQUIREMENTS.  
YOU DO NOT NEED TO COMPLETE THIS PAGE.**

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INTENTIONALLY  
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**INCOMING STUDENT MEDICAL HISTORY AND PHYSICAL EXAMINATION**

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**PART II: STUDENT NAME** \_\_\_\_\_ **DOB** \_\_\_\_\_

**Student’s Personal Medical History – \*\*Provide date and explanation for any ‘YES’ answers below\*\***

Have you ever had...	Y	N	DATE	EXPLANATION
Migraines or Frequent/Severe Headaches				
Seizures				
Cancer or other immunocompromised disorder				
Eye Disease				
Diabetes or other Endocrine disorder (thyroid)				
Mononucleosis				
Rheumatic Fever				
Anemia				
Sickle Cell Disease				
Hemophilia				
AIDS/HIV				
Asthma				
Seasonal Allergies				
Tuberculosis				
Heart Disease				
High Blood Pressure				
Heart Murmur				
Gastrointestinal Disease				
Hernia				
Kidney Disease				
Urinary Tract Infection				
Hepatitis or other Liver Disease				
Menstrual Irregularities				
Sexually Transmitted Disease				
Genetic Disorder				
Skin Infection (fungal, bacterial, viral)				
Anxiety				
Depression				
Eating Disorder				
Other Mental Health Disorder				
Physical Disability				
Obesity				
Back Injury or Pain				
Joint Injury/Disease				
Broken/Fractured Bones				
Dislocated/Subluxed Joints				
Problems with pain/swelling				
# of Concussions without losing consciousness				
# of Concussions with loss of consciousness				
Surgery				
<b>Positive COVID 19 diagnosis with date</b>				
Any other Condition/Illness:				

## INCOMING STUDENT MEDICAL HISTORY AND PHYSICAL EXAMINATION

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STUDENT NAME \_\_\_\_\_ DOB \_\_\_\_\_

**MEDICATIONS:**

NAME OF MEDICATION	REASON FOR MEDICATION

**ALLERGIES:** List allergy and reaction.

ALLERGEN	REACTION

**Family Medical History** (parent, grandparent, sibling)

Do any of your immediate relatives have or had...	Y	N	Relationship		Y	N	Relationship
Cancer				Asthma/Seasonal Allergies			
High Blood Pressure				Seizure Disorder			
Sickle Cell Trait				Mental Health Disease			
Tuberculosis				Substance Abuse			
Diabetes				Sudden Death (before 50)			
Heart Disease				COVID-19			
Kidney Disease				Other			

If you are or become a varsity athlete, you also understand and agree that the Lawrence University Athletics Department will have access to this information.

I hereby certify that, to the best of knowledge, the information provided on this form is complete and correct.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature if <18 \_\_\_\_\_ Date \_\_\_\_\_

## INCOMING STUDENT MEDICAL HISTORY AND PHYSICAL EXAMINATION

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PART III: STUDENT NAME \_\_\_\_\_ DOB \_\_\_\_\_

### IMMUNIZATION RECORD

Students are required to provide immunization records or proof of immunity by copy of lab results or physician signature with diagnosis. **Immunizations should be completed before coming to campus.** Most vaccines are available at the Health Center if unable to complete before arriving. The cost of the vaccine will be charged to the student's account. Influenza vaccines will be available on campus for free.

\*\*Please attach a hard copy of your immunization record\*\*

REQUIRED VACCINES	1 <sup>st</sup> DOSE DATE	2 <sup>nd</sup> DOSE DATE	3 <sup>rd</sup> DOSE DATE	History of Disease/ Lab confirmation of immunity
<b>Measles</b> <i>(2 doses or history of disease)</i>				
<b>Mumps</b> <i>(2 doses or history of disease)</i>				
<b>Rubella</b> <i>(2 doses or lab report showing immunity)</i>				
<b>Td or Tdap</b> <i>(within last 10 years)</i>				
<b>Hepatitis B</b> <i>(3 doses if &lt;18yo, 2 doses if 18yo))</i>				

**\*Students who have not been immunized may be excluded from class and residence halls if an outbreak of a vaccine preventable disease occurs on campus.**

OPTIONAL VACCINES	1 <sup>st</sup> DOSE	2 <sup>nd</sup> DOSE	3 <sup>rd</sup> DOSE
COVID-19 <b>*HIGHLY RECOMMENDED*</b>			
Meningitis <b>*HIGHLY RECOMMENDED*</b> <i>(2 doses)</i>			
Meningitis B <b>*HIGHLY RECOMMENDED*</b> <i>(2 or 3 doses)      Circle Bexsero or Trumenba</i>			
Polio			
Hepatitis A <i>(2 doses)</i>			
Varicella <i>(2 doses or history of chickenpox)</i>			
Human Papillomavirus HPV <i>(2 or 3 doses)</i>			
Typhoid			
BCG <i>(if not born in USA)</i>			
Other			

**Statement of Exemption to Immunization:** If you cannot complete the required vaccines, a [waiver form](#) must be returned to Wellness Services. Note that students who have not been immunized may be excluded from class and residence halls if an outbreak of a vaccine preventable disease occurs on campus.





**B. Meningococcal Meningitis**

Meningitis is inflammation of the protective membranes surrounding the brain or spinal cord, and is usually caused from an infection. Meningitis is most often caused by bacteria or a virus. Bacterial meningitis can be extremely dangerous. Symptoms can come on suddenly and progress quickly. 10-15% of cases result in death. 1 in 5 people that survive will then live with permanent disabilities such as brain damage, hearing loss, kidney damage, or limb amputation. College students are at a higher risk of contracting meningitis because of the close living quarters. Meningitis is spread by oral and nasal respiratory secretions during close contact like kissing or coughing on someone. Meningitis bacteria cannot live outside of the body for very long so is not spread as easily as a cold virus. To prevent contracting Meningitis you should receive the recommended vaccines, wash your hands, and cover your cough. There are 2 different types of the Meningitis vaccine and you need both to ensure the most protection. No vaccine can guarantee 100% effectiveness, but can significantly reduce your risk of illness. The first meningitis vaccine protects against serogroups A, C, W, and Y. The other protects against serogroup B. Depending on the brand, you may need 2 or 3 doses to be fully vaccinated. The immunizations are available at the Health Center. Contact the Health Center for more details. Meningitis symptoms are similar to those of the flu, come on suddenly, and may become deadly fast. Treatment should be provided early with antibiotics. People who are in close contact with the infected person should also be treated as a precautionary measure.

For more information regarding meningitis, consult Center for Disease Control websites.

[www.cdc.gov/meningococcal/about/index.html](http://www.cdc.gov/meningococcal/about/index.html)

<https://www.cdc.gov/vaccines/hcp/vis/vis-statements/mening.pdf>

<https://www.cdc.gov/vaccines/hcp/vis/vis-statements/mening-serogroup.pdf>

- I hereby certify that I have read this information and I have received the vaccine for Meningococcal Meningitis.

Dates of Immunization: Meningitis ACYW (Menactra®, Menveo®, and MenHibrix®)

#1 \_\_\_\_\_ #2 \_\_\_\_\_

Meningitis B (Bexsero® or Trumenba®)

#1 \_\_\_\_\_ #2 \_\_\_\_\_ #3 \_\_\_\_\_

- I hereby certify that I have read this information and I have elected NOT to receive the vaccine for Meningococcal Meningitis.

Signature of student \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian (if student is under age 18) \_\_\_\_\_ Date \_\_\_\_\_

**\*\*ALL INTERNATIONAL STUDENTS ARE REQUIRED TO BE TESTED\*\***

**Tuberculosis (TB) Risk Assessment**

**1. Does the student have signs or symptoms of active tuberculosis disease?**  Yes  No

Symptoms may include cough (sometimes blood-tinged), weight loss, night sweats, fever, chest pain, pain while breathing, loss of muscle, phlegm, severe unintentional weight loss, shortness of breath, or swollen lymph nodes.

**2. Tuberculin Skin Test (TST)**

TST result should be recorded as actual millimeters (mm) of induration, transverse diameter; if no induration, write "0". The TST interpretation should be based on mm of induration as well as risk factors.

Date given: \_\_\_/\_\_\_/\_\_\_

Date read: \_\_\_/\_\_\_/\_\_\_

Results: \_\_\_\_\_ mm of induration

\*\*Interpretation:  negative  positive

**3. Interferon Gamma Release Assay (IGRA)**

Date obtained: \_\_\_/\_\_\_/\_\_\_

Specify method:  QFT-G  QFT-GIT  Other

Result:  negative  positive  intermediate

**4. Chest X-ray: (Required if TST or IGRA is positive)**

Date of chest x-ray: \_\_\_/\_\_\_/\_\_\_

Result:  normal  abnormal