For White Friends at Marches:

**How to be Supportive of Black people**

1. DO NOT take the mic (or bullhorn) from Black folks – this is not your moment.
2. DO NOT speak for Black people, lift THEIR voices. They will lead the message.
3. DO NOT antagonize the police. Black people get harmed when this happens.
4. DO NOT post photos, videos, or go live with images of people who can later be identified by law enforcement.
5. DO keep other white folks in check. Someone else hogging the mic? It’s OKAY to take it, remind everyone who we’re supporting, and pass it right back to the Black leaders.
6. DO step in when other White people are vandalizing or carrying harmful or problematic signs.
7. DO step up if law enforcement (or a white person, regardless of who they are) is antagonizing Black folks, get in between, disrupt and interrupt.
8. DO record any instance of police brutality toward protestors.
9. DO stand behind and be led.

For White Friends at Marches:

**How to be Supportive of Black people**

1. DO NOT take the mic (or bullhorn) from Black folks – this is not your moment.
2. DO NOT speak for Black people, lift THEIR voices. They will lead the message.
3. DO NOT antagonize the police. Black people get harmed when this happens.
4. DO NOT post photos, videos, or go live with images of people who can later be identified by law enforcement.
5. DO keep other white folks in check. Someone else hogging the mic? It’s OKAY to take it, remind everyone who we’re supporting, and pass it right back to the Black leaders.
6. DO step in when other White people are vandalizing or carrying harmful or problematic signs.
7. DO step up if law enforcement (or a white person, regardless of who they are) is antagonizing Black folks, get in between, disrupt and interrupt.
8. DO record any instance of police brutality toward protestors.
9. DO stand behind and be led.