

## **Buchanan Kiewitt Wellness Center Usage Guidelines**

1. Students, faculty and staff, spouses/partners and dependent children 16 years of age or older must present a valid Lawrence ID card to gain access to the Wellness Center. Students, faculty and staff may be accompanied by one guest while utilizing the facilities. The guest must present a picture ID at the reception desk to gain admittance. Members of the Lawrence community are responsible for their guest at all times while using the facility. Wellness Center staff reserve the right to refuse admittance or to request individuals to leave the center.
2. Use of the Wellness Center is at your own risk.
3. Entry and exit from the Wellness Center must be through the main, front entrance. Other exits should be used only in the event of an emergency.
4. Individuals with special physical needs may request entry assistance from the main desk.
5. It is recommended that users of the Wellness Center attend a walk-through orientation session to learn the layout of the facility, how to properly operate equipment, and to review the general rules of each area.
6. All recreation facilities should be used for their intended purpose. Modification of equipment or facilities is prohibited unless under the supervision of Wellness Center staff.
7. Patrons should be courteous to others by limiting the length of their work out on a machine when others are waiting.
8. Wipe off the equipment when you are done using it. Cleaner bottles and towels are provided throughout the fitness areas.
9. Proper athletic shoes are required. Sandals are not allowed in the fitness areas. Only non-marking soles are permitted on hardwood floors and in the multi-purpose room.
10. Patrons are encouraged to wear appropriate attire: t-shirts, shorts, warm-up suits, sweat suits, or aerobics attire that cover the torso. Street clothing can be dangerous and confining when exercising.
11. To protect machine pads, a full shirt is requested for participation in the weight machine area.
12. Users should always inspect equipment for loose, frayed or worn parts before using. If in doubt, do not use the equipment and report any concerns or broken equipment to the front desk immediately.

13. Sports equipment may be checked out by patrons at the front desk in exchange for a Lawrence Identification card. Patrons who check out the equipment will be held responsible for any damages that occur to the equipment. Identification cards will be returned when the equipment is checked back in.
14. Locker rooms are provided for use by patrons. Locker users must provide their own locks and register them with the front desk. Patrons must identify the locker number that they are using, along with providing us the combination to their lock. Key locks are not permitted. Showers are provided in the locker rooms. Towels may be checked out at the front desk in exchange for a Lawrence identification card. Identification cards will then be returned when the towel is checked back in.
15. The university is not responsible for lost or stolen items. It is recommended that you don't bring valuables to the Wellness Center. Report incidents and thefts to the reception desk and to Campus Security.
16. The use of cellular telephones, cameras, and other devices with photographic or video capabilities is not permitted in the locker rooms or in fitness areas, unless approved by Wellness Center staff.