Lawrence University

April Wellness Incentive Program

Begins April 1st-April 30th, 2014

Spring into Wellness

It's been a tough winter, but summer is around the corner and it's time to get our wellness back on track! Join the "Spring into Wellness" incentive program that will help you get rid of the bad habits holding us back all winter and let's start this spring off right by putting our health first and making it a routine!

Program Highlights

- Earn points for completing daily tasks to improve your health
- Be competitive and compare yourself to your teammates
- Submit results each week and at the end of the month to win prizes!

Contact Jen Martin now to sign up!

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Lawrence University Healthy Vikings

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