

Dates: June 13-20, 2010.

Price: \$490 per person for non-LU student

Sponsors: Outdoor Recreation Club of Lawrence, Bjorklunden, SOLO.

The Wilderness First Responder course as run by Stonehearth Open Learning Opportunities or SOLO - one of the oldest and most respected schools of Wilderness Medicine in the nation, is an intensive look at immediate medical care in wilderness situations. With a strong focus on patient diagnostics and assessment, SOLO equips graduates of their program to handle medical emergencies without access to definitive health care at a level only one step removed (or one more 9-day course from SOLO) away from Wilderness Emergency Medical Technician level. Students learn not only textbook information in standard classroom settings, but also spend a large part of the course engaged in experiential learning; students take turns simulating injuries (which requires an accurate knowledge of symptoms) and then both diagnosing and treating classmates in the correct manner.

Topics covered range from simple nosebleeds, to hypothermia, to pregnancies, to neurogenic shock and severe bodily trauma- and everything in-between. Students learn how to improvise splints, reset dislocated limbs, and immobilize patients, as well as plan and conduct an evacuation. Special emphasis is placed on proper and accurate documentation to aid in coordinating efforts with those able to offer more definitive care. This leaves the student qualified well beyond the realm of a standard Wilderness First Aid two day course and ready to lead any number of wilderness expeditions safely.

This is an immersion and intensive course, you will be camping on the Bjorklunden property with limited access to the lodge. This course is designed to provide you with the best real life experience possible. Each participant is responsible for providing his or her own food and camping supplies. This course will run from early morning to late evening. The best solution will be to cook your own food on location. Lawrence University Outdoor Recreation Club will be able to supply a limited number of camping stoves and pots for cooking.

The registration period will open to non-Lawrence students May 7th, and will close May 28th. Please contact Dan Miles (lawrencewfr@gmail.com) if you wish to get on the waiting list. Course enrollment is limited to 18.

If you have questions or want an information/registration packet, please contact Dan at lawrencewfr@gmail.com.